

RELEASE & CONTRAINDICATIONS FOR CUPPING

Cupping is contraindicated in cases of severe diseases, i.e. cardiac failure, renal failure, ascites due to hepato-cirrhosis and severe edema, as well as hemorrhagic diseases such as allergic pupura, hemophilia and leukemia, and clients with dermatosis, destruction of skin, or allergic dermatitis. Cupping should not be applied on the portion where hernia exists or has occurred in the past. For pregnant women, the lower abdomen, medial leg and lumbosacral region should be avoided.

Cupping increases blood and lymph circulation and pulls stagnation out of the tissue because of this cupping will leave marks on the skin. Please let me know if there are any places you don't want the cups applied.

Signature_____Date_____